

# CULTIVATING HOPE



## WELLNESS Series 3 Support Group Seminar Agenda

Wednesday 4<sup>th</sup> November, 2009  
Jinnah Hospital Auditorium

11.00-11.30	Recitation of the Holy Quran Opening remarks Ice-breaker/ Today's agenda Concept of wellness	Irshad Jan Shaukat Ali H Basheer H Basheer
11.30-12.15	Music Therapy for Parkinson's Patients	Sumeta Shah
12.15-12.30	Video. 'Practical tips for Daily Living'	S A Shareef
12.30- 13.00	Q & A / Closing remarks	Lateef Mian H Basheer

Faculty	: Dr Shaukat Ali	JPMC
	: Dr Lateef Mian	JPMC
	: Dr. Sumeta A Syed	
	: S A Shareef	PPS
	: Irshad Jan	PPS
	: Haroon Basheer	
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- Admission is free
- Parkinson's Patients, their care-givers, Doctors,
- Nurses and medical students will find the above of interest

Light refreshments will be served

For information contact  
haroon.basheer@parkinsons.org.pk  
Web site:www.parkinsons.org.pk  
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